# **2 Minute Form**

**Trip Name: Lake Arapuni Trifecta – Waikato River**

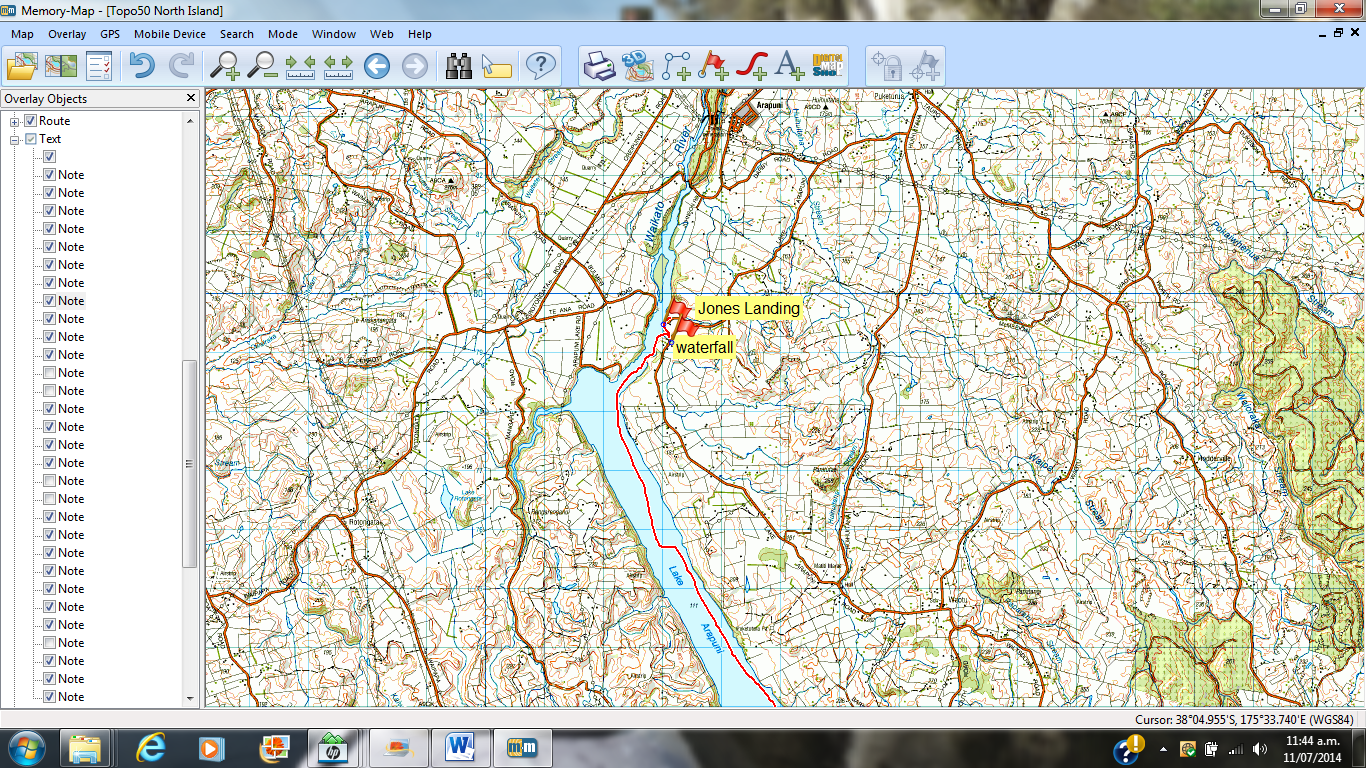
**Check-in Name and Phone: Ian Henderson at 078832703**

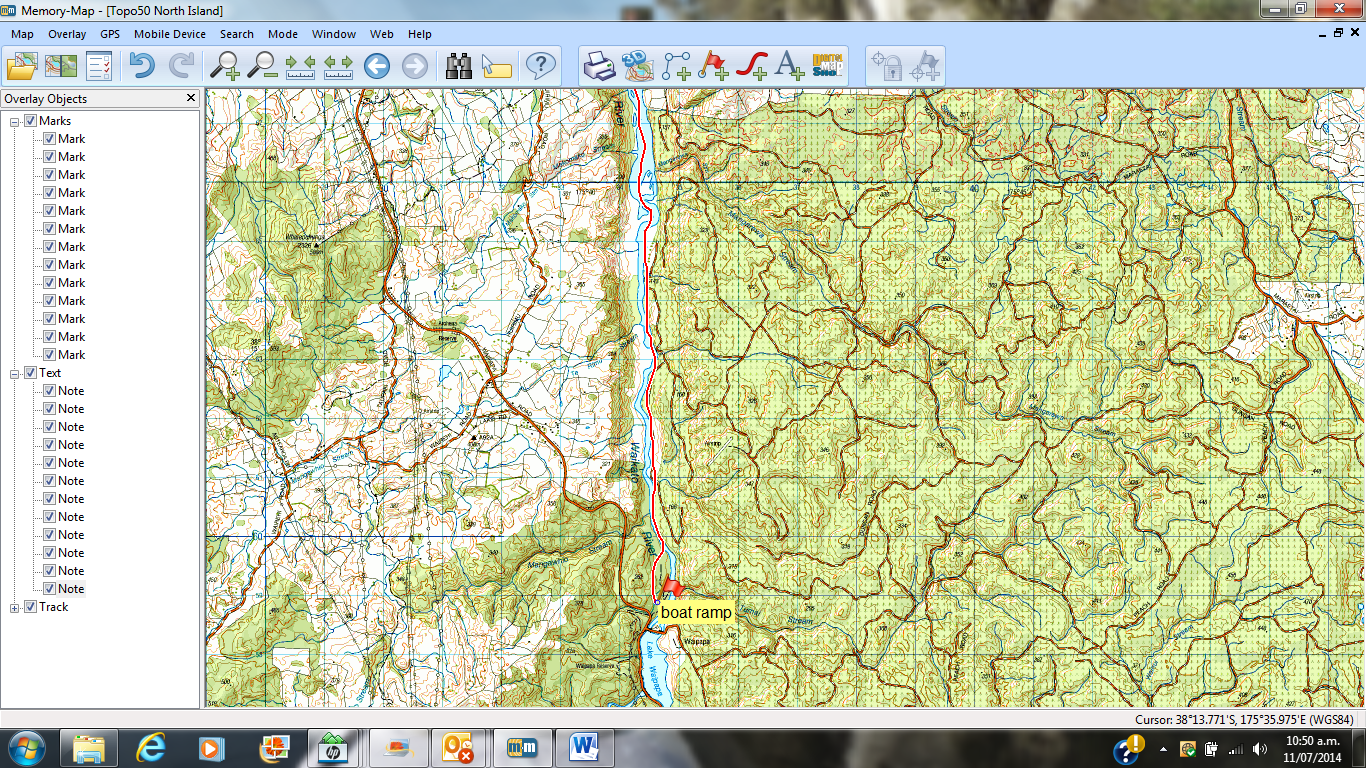
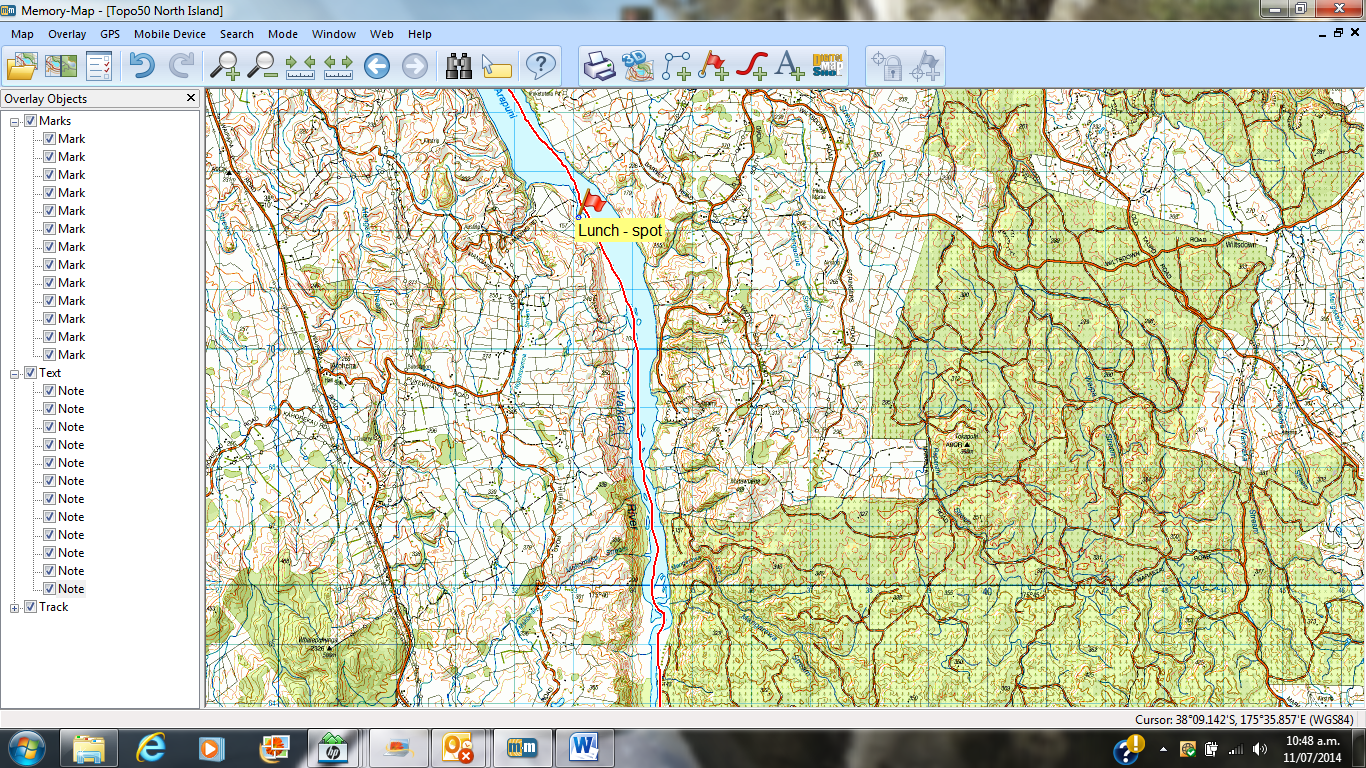
**Date:** Waitangi Weekend 6-8 Feb 2015 **Branch: North Shore**

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| **Leaders** | Ruth Henderson | | | | Richard Saysell | |
| **Cell Phone Number** | 021 298 8120 | | | | 021366279 | |
| **VHF** Call Sign &/or Vessel Name | Rudolph ZMS4968 | | | | Richo Richard | |
| **Vehicle** make, model, registration, colour | Toyota Corolla SW | | CFT347 | |  |  |
| **General Plan**  *Note: If plan changes, you must notify your Check-in person.* | For the 10th Annual Summer trip based at Arapuni, we have three winners lined up! Three days of activity on the Waikato River…  Thursday night meet at the private property of friends of Ruth’s at Jones Landing, Lake Arapuni. (Map will be emailed to you after registration). Set up tents, work out car shuttles…  Friday – “Arapuni - The Long Way” - paddle the length of Lake Arapuni (22km) from Dam to Dam. Drive to Waipapa Dam, do car shuttle, launch at boat ramp and paddle downstream to Jones Landing, stopping midway at Hamilton Anglers Club.  Fri night – ‘pot luck’ shared dinner, state your signature dish or be given a suggestion.  Saturday – “Ohakuri Hot Stuff” - Drive to Lake Ohakuri Dam and paddle upstream to the Orakei-Korako thermal area. Stop enroute to sample the hot water at Waihunuhunu stream, then do the ‘squeeze’ and soak in a hot pool. Maybe have a coffee at the café at Orakei-Korako (22km) before the return paddle.  Sat night – shared dinner, Indian style food, not just curry & rice…the works!  Sunday – “Arapuni Dawn” – start the day at 6am; have your own spiritual experience watching the river wake up (6km). Always enchanting! Then after a late breakfast, options include riverside walk to swing bridge and café (3 hrs.) or cycle on Waikato River Trail. | | | | | |
| **Latest Time Off the Water** | 1600 Fri & Sat.  0900 Sun |  | | | TMP used20 |  |
| **Tide/ Forecast Lake Level** | Low n/a |  | | High |  |  |
| **Communications Carried**21 | VHF. Cellphone coverage in gorges is unreliable – may need to climb a hill, and then need to ring a landline. | | | | | |
| **Communications** | We will be communicating as a group on VHF Channel 06\_\_\_\_\_ | | | | | |
| **Equipment Carried** | Usual kayaking kit and safety gear. | | | | | |
| **Trip Report**  (Use other side if more space required) |  | | | | | |

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| Activity | | | Kayaking – Arapuni – The Long Way | | | | Centre | North Shore | | Location – Waikato River | | | | |  | | Difficulty1 | | | | | Strong beginners | |
| Activity Description | | | “Arapuni - The Long Way” - paddle the length of Lake Arapuni (22km) from Dam to Dam. Drive to Waipapa Dam, do car shuttle, launch at boat ramp and paddle downstream to Jones Landing, stopping midway at Hamilton Anglers Club. | | | | | | | | Leader qualification req.2 | | | | Sea Kayak Leader | |  | | | | |  | |
| Get in Location | | | Boat ramp, N of Waipapa dam | | | | | | | | Map no.4 | | | | 260-T15, T16, BE35 | | Distance | | | | | 18km | |
| Get out Location | | | Jones Landing. | | | | | | | | Coastguard Channel | | | | 16 | | Nowcasting | | | | | 22, 23 | |
| Emergency get out 5 | | | Along river bank | | | | | | | | Emergency / Coastguard Station | | | |  | | Phone | | | | |  | |
| Drinking Water6 | | River | | | Toilets7 | | | | | The Landing and at Jones Landing | | | |
| Emergency Response | | | Refer Emergency Response Booklet | | | | | | | |  | |  | | | Parking8 | | | | | Jones Landing | | | |
| Specific Equipment Required9 | | |  | | | | | | | | Working Communications equipment in this area10 | | Cellphone - unreliable | | | | | |  | | | | PLB  VHF Sat Phone | |
| Other resources  and notes11 | | | Car Shuttle needed | | | | | | | | Weather Parameters12 | | 15knot or less head wind | | | | | | | | | | | |
| Previous incidents13 | | | | | | | | | | | | | | | | | | | | | | | |
| **Safety Management**14 | | | | | | | | | | | | | | | | | | | | | | | |
| Hazard | | Significant?  - E/I/M | | | Management Strategy15 | | | | | | Hazard | Significant?  - E/I/M | | Management Strategy15 | | | | | | | | | |
| Cold Water | | Yes - M | | | Carry spare dry clothes and shelter | | | | | | Deep Water | Yes - E | | Correctly fit PFDs | | | | | | | | | |
| Medical Conditions | | Yes - M | | | 1. Leader has first aid qualification 2. Ask customers about medical conditions | | | | | | Bad Weather | Yes - M | | Understand weather forecasts.  Have back up plans or pull out if necessary | | | | | | | | | |
| Capsizing | | Yes - M | | | * Correctly fit PFDs * Skills at performing rescues. | | | | | | Heat / Sun | no - M | | * Protective Clothing (worn), Sunglasses, Hat * Sun Screen * Plenty of drinks | | | | | | | | | |
| Panic | | Yes - M | | | Ensure conditions match level  of skills | | | | | | Obstacles | Yes - M | | Blackberry bushes, if need emergency exit. Good picking in Feb! | | | | | | | | | |
| Other Hazards | |  | | | Avoid the first w/e of May as it is the opening of duck shooting season. | | | | | | Other Vessels | Yes - M | | * Understand the “rules of the sea” * “Be seen” – Have two of the following; flag, brightly coloured kayak, brightly coloured Pfd or hat. At night: an all- round white light & a powerful torch. | | | | | | | | | |
| Other Hazards | |  | | | Cold camping conditions in winter –beanie, thermals, woollies, hot water bottle advised. | | | | | | Other Hazards |  | | Power boats, water skiers, wake-boarders. | | | | | | | | | |
|  | |  | | |  | | | | | |  |  | |  | | | | | | | | | |
| Written up by: | Ruth E. Henderson | | | Approved By: | |  | | | Signed: |  | | Date: | |  | | | | Review in: | | 12 months from date of approval | | | |

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| **Additional Information Sheet** (Optional) | | | | | | |
| Introduction (A general introduction) | |  | | | | |
| Description (A description of the tour – as if you were selling the idea to someone) | |  | | | | |
|  | |  |  | | | |
| **Local Attractions** | | **Transport/ Local Operators** |  | | | |
|  | Contact details |  | Contact details | | | |
|  |  |  |  | | | |
|  |  |  |  | | | |
| **Local Eateries** | |  |  | | | |
|  | Contact details |  |  | | | |
|  |  |  |  | | | |
| **Accommodation/ Campsite Locations** | | | **Facilities** | | | |
| Name | Camping at private property (Private home with camping in adjoining field. Use of house facilities inc hot showers).  Or freedom camping at Jones Landing (shade trees, flush toilets only) | |  |  | Fuel | no |
| Phone |  | | Showers | no | Power | no |
| E-mail |  | | Toilets | yes | Water Access | yes |
| Website |  | | Laundry | no | Pool | no |
| Physical Address |  | | Water | river | Fires Allowed | Yes in winter |
| Other |  | | Supplies | no |  |  |
| **Other information** |  | |  |  |  |  |





**Activity Equipment Check list**

**Equipment List**

* Helmet (rivers & surf) **Group Gear**

 Beanie / hat  Split paddles

 Thermals  Repair kit

 Paddle Jacket  Fire lighting

 PFD  Cooker/thermos

 Spray deck  Spare thermals

 Booties  Tow system

 Water & food  1st Aid Kit

 Kayak & paddle  Flares

**Group - Oceans & Lakes**  Compass

 Pumps & Paddle Floats  Charts / Maps

**Group - River**  GPS (optional)

 Throw ropes  Knife (cut rope)

 Pin kit & saw  Emergency Shelter

**In case of emergency:** Dial 111, Mayday :VHF Channel 16

**Kayaking Check list**

 Trip plan

 Latest weather forecast

 Conditions match skills?

 Hyperthermia (hot) &   
Hypothermia (cold)

 On & off water safety

 Environmental concerns

 Emergency Procedures include emergency get out.

 Working communication devices  
 e.g. VHF radio, mobile phones, PLB

 Specific safety issues for this trip

 Participant list

 Any medical conditions

 All participants keen to proceed?

 Trip Plan/ 2-minute form lodged with Ops. Manager

**Appropriate wind conditions to run trips:**

Novice - no significant surf or swell, wind under 15knots

Intermediate- surf or ocean swells less than 1.5 meter or wind under 25 knots.

Advanced- any condition that is suitable to the trips aims

**At conclusion of trip:**

Contact check in person

Group Debrief.

Check in Person Ph:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mobile

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Work

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Home

Activity Document Cover Sheet

Activity:

Date of Activity:

|  |  |
| --- | --- |
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|  |  |
| Activity reports. Is all relevant information present: |  |
|  |  |
| – Approved Trip Management Plan (TMP)/ 2 minute form |  |
|  |  |
| – Club Trip Participant Sheet |  |
|  |  |
| – Weather forecast |  |
|  |  |
| – Activity Check List |  |
|  |  |
| – Trip report (May be on the 2 minute form) |  |
|  |  |
| – Accident / incident reports |  |
|  |  |
| **Leaders Signature:** |  |
|  |  |
| **Date:** |  |